

Daily Learning Planner

*Ideas parents can use to help children
do well in school*

Rollins Elementary School



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Share the responsibility for holiday preparations. As kids help, they appreciate holidays even more.
- 2. Set aside time today to work on a craft project with your child. Handmade items make great gifts!
- 3. Give your child a magnet. Have her use it to find out which things in your house contain iron.
- 4. Talk with your child about a choice you made and its consequences.
- 5. Put on some music and have your child spend 15 minutes drawing how it makes him feel.
- 6. Ask your child, "If you could have any animal as a pet, which would it be? Why?"
- 7. Make a jigsaw puzzle together. Glue a picture from a magazine onto cardboard. Cut it into puzzle pieces.
- 8. Help your child research what happened on the day she was born.
- 9. At the grocery store, ask your child to estimate the weights of different vegetables and fruits. Then weigh them.
- 10. Give your child a plant to care for. Put him in charge of watering it.
- 11. Hold a family meeting. Decide on some goals as a family.
- 12. Post a new vocabulary word and its definition on the bathroom mirror. Change it every three or four days.
- 13. Talk with your child about times when it's important to say *no*, even to an adult.
- 14. Look at a weather map. What is the coldest place in the nation today? The warmest? Have your child calculate the difference in temperature.
- 15. Exercise as a family. Choose an activity everyone will enjoy.
- 16. Have a family sing-along. Ask everyone to share their favorite songs.
- 17. Make a "clock" by using a fastener to attach two strips of paper to a paper plate. Help your child practice telling time.
- 18. Have your child track the amount of time she spends reading this week. Help her figure out the average time she spent reading per day.
- 19. Talk with your child about how animals survive the winter months.
- 20. Recreate a favorite tradition from your youth. Share it with your child.
- 21. Have your child make a list of things he can do when he's bored.
- 22. Bake cookies with your child. Have her do the math to find out the amounts of ingredients you'd need if you doubled the recipe.
- 23. Share a favorite quote with your child.
- 24. Talk with your child about *courage*. Point out examples of people who demonstrate courage.
- 25. Ask your child to tell you a bedtime story tonight.
- 26. Take a walk with your child. Look for things you see only in winter.
- 27. Help your child think of something nice he can do for a neighbor.
- 28. Ask your child about the best gift she ever got. What made it special?
- 29. Remove the headline of a news article. Have your child read the article and write a headline. Compare the two headlines.
- 30. Tell your child you love him today and every day.
- 31. Help your child create a time line of the last year.

Helping Children Learn
ELEMENTARY SCHOOL
Tips Families Can Use to Help Children Do Better in School